

## Data Dictionary

### Congregate Meals Program Participants Age 60 and Over

Field Title	Field Name	Data Type	Description
Planning and Services Area	01-33	Text	California is divided into 33 distinct Planning and Services Areas (PSA)
Participants Key Characteristics	Participants Identified as Age, Risk Indicator, Household Status, Income Status, Minority Status, Total Congregate Meals Served Annually, Number of Participants Served Meals	Text	See the Key Characteristics of Congregate Meal Participants on the following page
Participants Key Characteristics Sub-Category	60-74, 75-84, 85+, High Risk Nutrition, Low-Income, Lives Alone, Non-Minority, Minority, Total Congregate Meals Served Annually, Number of Participants Served Meals	Text	See the Key Characteristics of Congregate Meal Participants on the following page
Total Number of Participants and Congregate Meals Served Annually		Number	Number of Congregate Meals served from the Older Americans Act Title IIIC-1 Nutrition Services Program and participants who received a meal at a congregate meals site from the Older Americans Act Title IIIC-1 Nutrition Services Programs.

## Key Characteristics of Congregate Meals Participants

Age	Number of Older Americans Act Title IIIC-1 Nutrition Services – Congregate Meals program participants who self-identified as being under 60-74 years of age, 75-84 years of age, and 85 and over years of age
High Risk Nutrition	Number of Older Americans Act Title IIIC-1 Nutrition Services – Congregate Meals program participants meeting the High Risk Nutritional Health score of six or higher using the <a href="#">“Determine Your Nutrition Health (DETERMINE) Checklist”</a>
Low-Income	Number of Older Americans Act Title IIIC-1 Nutrition Services – Congregate Meals program participants who self-identified as having an annual income below 125 percent of the federal poverty level
Lives Alone	Number of Older Americans Act Title IIIC-1 Nutrition Services – Congregate Meals program participants who self-identified as the only person in their household
Non-Minority	Number of Older Americans Act Title IIIC-1 Nutrition Services – Congregate Meals program participants who self-identify as being White
Minority	Number of Older Americans Act Title IIIC-1 Nutrition Services – Congregate Meals program participants who self-identify as American Indian/Alaskan Native, Asian, Black/African American, Native Hawaiian/Other Pacific Islander, or Two or More Races